

Do Not Eat



White Croaker



Barred Sand Bass



Black Croaker



Topsmelt



Barracuda



Some fish can be eaten with restrictions (see reverse).



Some fish caught in this area are contaminated with harmful chemicals and should not be eaten (see list on left).



Advice only applies to fish caught in the red area above.
For areas and fish not featured here visit: www.pvsfish.org/health-scsfa.php

PROTECT THE HEALTH OF YOU AND YOUR CHILDREN

Join with other fishermen and follow the advice in this tip card



www.pvsfish.org



ONLY EAT THE SKINLESS FILLET



ONLY EAT ONE SERVING PER WEEK



The recommended serving of fish is about the size of your hand.
Give children smaller servings.



ONLY EAT THE SKINLESS FILLET **1** TIME A WEEK

HERE ARE EXAMPLES OF SAFE FISH YOU CAN EAT



QUEENFISH



HALIBUT

Minimum Size 22 Inches



KELP BASS

Minimum Size 12 Inches



SCORPIONFISH

Minimum Size 10 Inches



PACIFIC SARDINE



SURFPERCH



PACIFIC MACKEREL



OPALEYE



ROCKFISH



CORBINA



SHOVELNOSE GUITARFISH



Additional bag or size limits or other restrictions apply to these species. Please see California Department of Fish and Game Sport-Fishing Regulations for more information.

Use this ruler to measure your fish

No minimum size limit for fish unless otherwise indicated

1 2 3 4 5 6 7 8 9 10 11 12